

CLAREMORE SENIOR CITIZENS CENTER

FELLOWSHIP • FOOD • FUN



WORD OF THE MONTH:

GRACIOUS

Marked by kindness or courtesy. Characterized by charm, good taste and generous spirit. Graceful, merciful and compassionate.

Thanksgiving lunch on November 25th

We are limited to 200 carry-outs and 200 in the dining room. This is the max amount our staff can serve. We will start taking reservation starting November 3rd. Reservations fill up very quickly. Make your reservations as soon as you can. Phone call reservations will not be accepted. You must come in and make your reservations and pre-pay.

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CONTACT

Phone: 918-341-4734

Email: sdowden@claremorecity.com

Website: www.claremore.com

Facebook: Claremore Senior Citizens Center

HOURS

Monday - Friday
8 a.m. - 4:45p.m.

WELCOME & CENTER INFORMATION

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DIRECTOR

Stacey Dowden

ASSISTANT DIRECTOR

Dianna Wiggs

CHEF

Jackie Hemphill

KITCHEN ASSISTANT

Andrea Marmon

KITCHEN AIDE

Gale Phillips

Lucinda Wilson

JANITORIAL ASST.

George Wright

David Sears

JANITORIAL/DISHWASHER

Sarah Sislo

A NOTE FROM THE DIRECTOR

Thanksgiving luncheon Tuesday, November 25th.

We will start taking reservations on November 3rd. Only, in person reservations will be accepted. No, over the phone reservations. You must pre-pay at the time of making your reservations. Cost of Thanksgiving lunch is the same \$3.00 dine-in and \$3.50 carry out. Remember, these reservations fill up quickly. Make your reservations as soon as possible. Myself and Dianna will be able to make your reservations from 8am-4:45pm, and during lunch if we are not busy.

Angel Tree: We will have our angel tree back again this year. We will be helping two local families. Angels will be available starting November 24th. Christmas is once a year. As you shop for your Angel Tree gifts, please remember that all items need to be new and unused. This ensures each person receives a special gift that reflects the care and dignity they deserve. Please place angel tree gifts in a gift bag unwrapped. As always, I am happy to help. I will be glad to do the shopping for you. Just let me know, and I'll make sure your gifts are purchased and ready on time. Thank you for being a part of this special tradition!

Volunteers: Sign up sheet in my office. **You must sign up to help.** Mark your calendars for Saturday, November 22nd at 10am, and help decorate the Senior Center for Christmas. This is a great time. I need 15 volunteers to sign up. This is always a great time.

Christmas Party: Friday, December 13th from 5pm-7:30pm.

Join us for a festive evening of fun, food and BINGO with amazing prizes! This event is **free**, but **reservations are required** and limited to the **first 175 people** who sign up. **We will start taking reservation on November 26th.**

Important Note: If you make a reservation and do not attend, you **will not be able to attend next year's Christmas party.** Because this is a free event with limited seating, we want to ensure every spot is filled and no one misses out. Reserve your spot early.

Christmas Lunch: Monday, December 22nd

We will start taking reservation, November 26th. Reservations must be made in person and prepaid.

PARKING FOR THANKSGIVING & CHRISTMAS LUNCH:

We are expecting a great turnout for Thanksgiving and Christmas lunch. To help ensure everyone's safety, the Claremore Police Department will be here at 11:30 to assist with traffic control for those that park across the street at the ball park. They will be able to help you cross the street safely before and after lunch.

Stacey Dowden-Director

THANKSGIVING WORD SCRAMBLE

1. pearad _____
2. erwolyfMa _____
3. ornc _____
4. nebairresrc_____
5. rovbNeme _____
6. gmsirpli _____
7. lbfaloto _____
8. opeostat _____
9. tknafulh _____
10. yrkteu _____
11. liyamf _____
12. tsufnifg _____
13. eafts _____
14. inrden _____
15. nieipmkupp _____



ACTIVITIES

ALL GAMES START PROMPTLY AT SCHEDULED TIMES – YOU MUST BE IN YOUR SEAT READY TO PLAY

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 TAI-CHI 9 LINE DANCING 10:30 BRIDGE 1 MAKE YOUR RESERVATION FOR THANKSGIVING LUNCHEON & CRAFTS	4 CHAIR EXERCISE 9 & 1 CHEROKEE NATION BLOOD PRESSURE CHECK 9-12 IN BRIDGE ROOM	5 LINE DANCING 10:30 BRIDGE 1	6 CHAIR EXERCISE 9 & 1	7 BINGO & DONUTS 9AM BRIDGE 1PM
10 TAI-CHI 9 LINE DANCING 10:30 BRIDGE 1	11 CLOSED FOR VETERAN'S DAY	12 TAI-CHI 9 LINE DANCING 10:30 BRIDGE 1	13 CHAIR EXERCISE 9 & 1	14 BRIDGE 1 SINGO BINGO 1:15PM UPSTAIRS BOARD MEETING 9:30
17 TAI-CHI 9 LINE DANCING 10:30 BRIDGE 1	18	19 TAI-CHI 9 LINE DANCING 10:30 BRIDGE 1 ARTS & CRAFTS 1 – UPSTAIRS	20	21 BRUNCH 11:00 BRIDGE 12 CARDO 12 BIRTHDAY CELEBRATION 1:30
24 TAI-CHI 9 LINE DANCING 10:30 BRIDGE 1 BUNCO 1:15 – UPSTAIRS	25 RESERVATION ONLY THANKSGIVING LUNCHEON	26	27 CLOSED FOR THANKSGIVING	28 CLOSED FOR THANKSGIVING

DINING MENU-LUNCH IS SERVED AT 12:00

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BEEF TIPS OVER MASHED POTATOES CALIFORNIA VEGGIES FRUIT CUP ROLL STRAWBERRY GLAZED CAKE	4 POTATO SOUP HAM & CHEESE SANDWICH JELLO W/FRUIT DESSERT	5 BEEF STEW CORNBREAD GARDEN SALAD BROWNIE	6 TACO SALAD CHUCKWAGON CORN JELLO W/FRUIT DESSERT	7 SALISBURY STEAK POTATOES & GRAVY MIXED VEGGIE GARDEN SALAD PUMPKIN PIE
10 SACK LUNCH HAM & CHEESE SANDWICH CHIPS PEACH PARFAIT LEMON LOAF	11 CLOSED IN OBSERVANCE OF VETERAN'S DAY	12 COOK'S CHOICE	13 TUNA SALAD ON CROISSANT CHIPS COTTAGE CHEESE W/ FRUIT DESSERT	14 PECAN CRUSTED TILAPIA BAKED BEANS COLE SLAW ROLL PECAN PIE
17 PORK FRITTER POTATOES & GRAVY BRUSSELL SPROUTS GARDEN SALAD COOKIES	18 BEEF TACO BLACK BEAN & RICE CASSEROLE CHOPPED MEXICAN SALAD TORTILLA CHIPS DESSERT	19 BROWN BEANS STIR FRY VEGGIES CORNBREAD CAESAR SALAD PUDDING CUPS	20 SUB SANDWICHES (LOP) CHIPS PEACH CUP DESSERT	21 BRUNCH 11:00 SCRAMBLED EGGS SAUSAGE BISCUIT & GRAVY TROPICAL FRUIT SALAD MUFFINS
24 CABBAGE ROLL CARROTS GARDEN SALAD FRENCH SILK PIE	25 THANKSGIVING LUNCH RESERVATIONS REQUIRED TURKEY STUFFING W/GRAVY GREEN BEANS CRANBERRY SALAD ROLL PUMPKIN CHEESECAKE	26 CHILI DOG CHIPS GARDEN SALAD DESSERT	27 CLOSED IN OBSERVANCE OF THANKSGIVING	28 CLOSED IN OBSERVANCE OF THANKSGIVING
				918-341-4734 ext 1
CARRY OUT ORDERS MUST BE CALLED IN BY 10:30– PICK UP STARTS 11:00– NO LUNCHES WILL BE HANDED OUT EARLY				

SENIOR CITIZENS INFORMATION

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Time Change Sunday November 2. Turn those clocks back before you go to bed Saturday.

SENIOR HEALTH AND WELLNESS FAIR– NOVEMBER 7TH 10AM-2PM

RSU nursing students will be having their annual health fair upstairs. Everyone that attends will be entered into a drawing for \$25 Wal-Mart gift cards. We will have 4 winners.

Thank You Brookdale for calling BINGO and providing prizes. Northeastern

OK Cancer Network for BINGO prizes. Archwell Health for SINGO BINGO and providing prizes.

FRAUD/SCAM EVENT- Thank you everyone that came out and participated.

WREATHS ACROSS AMERICA– With your help over the past several years, we've proudly participated in Wreaths Across America-a national effort to honor and remember our Veterans during the holiday season. In 2024 over 3 million wreaths were placed on veterans graves across the country. Here in Rogers Co 2,591 wreathes were sponsored, each representing a heartfelt tribute to those who served. This year Rogers Co goal is to place 3,000 wreaths-they need our help to get there. Each wreath is \$17.00. If you would like to help with this goal, please give your donation to Stacey by December 6. If you have a veteran in your family who has passed, this is a beautiful way to honor their memory this holiday season.

The Holidays will be here before we know it. You will want to mark on your calendar the dates below. We will continue to update each newsletter throughout the holiday season:

November 3rd— We will start taking reservation for Thanksgiving lunch. Remember, seats will sell out fast. So, you will want to make your reservations ASAP. You will be required to come in and make your reservations and pay. No phone reservations will be accepted. We will take reservations until November 18th or all lunches are sold out. Cost: Dine-In \$3.00 Carry out \$3.50

November 22nd 10:00am come and help decorate our Sr Center for Christmas— Let Stacey or Dianna know if you are coming to help decorate.

November 25th—Thanksgiving Lunch

November 26th— We will start taking reservations for our Christmas Party and Christmas Lunch. You will be required to come in and make your reservations and pay. No phone call reservations will be accepted. We will take reservations for the Christmas Party until December 11th or all seats are spoken for. Reservations for Christmas lunch will be taken until December 16th or all lunches are sold out.

December 12th— Sr Center Christmas Party (free)- Reservations required. 5pm-7:30pm— Limit of 165

December 22nd Christmas Lunch— Reservations required

UPCOMING EVENTS

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BINGO & DONUTS

November 7 at 9am
DINING ROOM



Exercise:

Tia-Chi Mon & Wed 9am
Line Dance Mon & Wed 10:30am
Chair Exercise Tue & Thur 9 & 1



CLOSED:

November 11—Veterans Day
November 27th & 28th—
Thanksgiving